



BREAKFAST

MAY 2023
RIVERSIDE MEADOWS

Questions or concerns
Contact Nutrition Services
(530) 743-4428 or
mdelong@plUSD.org

Monday

Pancake Wrap
Benefit Bar

1

Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

Bagel Pizza
Benefit Bar

8

Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

Assorted Muffins
Benefit Bar

15

Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

Pancake Wrap
Benefit Bar

22

Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

29

NO SCHOOL

Tuesday

Breakfast Pizza
Benefit Bar

2

Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

Buttermilk Bar
Benefit Bar

9

Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

Parfait and Graham
Benefit Bar

16

Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

Breakfast Pizza
Benefit Bar

23

Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

Buttermilk Bar
Benefit Bar

30

Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

Wednesday

Mini Cinnis
Benefit Bar

3

Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

Bagel Mini Strawberry Creamy Cheese
Filled

10

Benefit Bar
Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

Apple Frudel
Benefit Bar

17

Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

Mini Cinnis
Benefit Bar

24

Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

Bagel Mini Strawberry Creamy Cheese
Filled

31

Benefit Bar
Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

Thursday

French Toast
Benefit Bar

4

Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

Mini Waffles
Benefit Bar

11

Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

Mini Pancakes
Benefit Bar

18

Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

French Toast
Benefit Bar

25

Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

Friday

Fresh Baked Cinnamon Roll
Benefit Bar

5

Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

Fresh Baked Cinnamon Roll
Benefit Bar

12

Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

Fresh Baked Cinnamon Roll
Benefit Bar

19

Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

Fresh Baked Cinnamon Roll
Benefit Bar

26

Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

Please be advised – All menus are subject to change without notice due to ongoing nationwide food supply shortages and product unavailability. We will continue our best efforts to serve our students with the best products available. We appreciate your patience and understanding as we work with our distributors to navigate through the shortages.

USDA is an equal opportunity provider, employer, and lender.

All meals are served with the choice of 1% white milk or nonfat chocolate milk.

Monday	Tuesday	Wednesday	Thursday	Friday
1 Domino's Smart Slice Cheese or Pepperoni Pizza Caesar Salad – Baby Carrots Variety of Fresh Fruit Chocolate Chip Cookie	2 Pulled Pork Sandwich or Grilled Cheese or Chef Salad Green Beans Cauliflower - Salad - Carrots Variety of Fresh Fruit Chips	3 Chicken Sandwich Soft Pretzel w/ Cheese or Chef Salad Broccoli – Green Salad - Carrots Variety of Fresh Fruit Ice Cream Cup	4 Nachos or Bean & Cheese Nachos Steamed Corn Cucumber Sticks – Salad - Carrots Variety of Fresh Fruit Fruit Roll Up	5 Chicken Taquitos or Twice Grilled Cheese Quesadilla or Chef Salad Black Beans Seasoned Jicama – Salad - Carrots Variety of Fresh Fruit Goldfish Crackers
8 Domino's Smart Slice Cheese or Pepperoni Pizza Caesar Salad – Baby Carrots Variety of Fresh Fruit Chocolate Chip Cookie	9 Teriyaki Chicken Bowl or Black Bean Rice Bowl or Chef Salad Stir Fry Veggies Cauliflower – Salad - Carrots Variety of Fresh Fruit	10 Chicken Tacos or Bean & Cheese Pupusa or Chef Salad Elote Corn – Salsa – Sour Cream Seasoned Jicama - Salad - Carrots Variety of Fresh Fruit Tortilla Chips	11 Chicken Nuggets or Grilled Cheese or Chef Salad Green Beans Cucumber Sticks – Salad - Carrots Variety of Fresh Fruit Scooby Snacks	12 Cheeseburger or Sunbutter & Jelly Sandwich or Chef Salad Baked Beans Broccoli – Green Salad - Carrots Variety of Fresh Fruit Chips
15 Domino's Smart Slice Cheese or Pepperoni Pizza Caesar Salad – Baby Carrots Variety of Fresh Fruit Chocolate Chip Cookie	16 Chicken Taco or Bean & Cheese Burrito or Chef Salad Refried Beans Salsa – Sour Cream Seasoned Jicama - Salad - Carrots Variety of Fresh Fruit Tortilla Chips	17 Pizza Pocket or Tostada Bowl or Chef Salad Green Beans Cauliflower – Salad - Carrots Variety of Fresh Fruit Fruit Roll Up	18 Corn Dog or Pull Apart w/ Marinara or Chef Salad Tater Tots Cucumber Sticks – Salad - Carrots Variety of Fresh Fruit Pretzels	19 Rib-A-Que or Soft Pretzel w/ Cheese or Chef Salad Broccoli – Green Salad - Carrots Variety of Fresh Fruit Ice Cream Cup
22 Domino's Smart Slice Cheese or Pepperoni Pizza Caesar Salad – Baby Carrots Variety of Fresh Fruit Chocolate Chip Cookie	23 Pulled Pork Sandwich or Grilled Cheese or Chef Salad Green Beans Cauliflower - Salad - Carrots Variety of Fresh Fruit Chips	24 Chicken Taquitos or Twice Grilled Cheese Quesadilla or Chef Salad Black Beans Seasoned Jicama – Salad - Carrots Variety of Fresh Fruit Goldfish Crackers	25 Nachos or Bean & Cheese Nachos Steamed Corn Cucumber Sticks – Salad - Carrots Variety of Fresh Fruit Fruit Roll Up	26 Chicken Sandwich Soft Pretzel w/ Cheese or Chef Salad Broccoli – Green Salad - Carrots Variety of Fresh Fruit Ice Cream Cup
29 NO SCHOOL	30 Domino's Smart Slice Cheese or Pepperoni Pizza Caesar Salad – Baby Carrots Variety of Fresh Fruit Chocolate Chip Cookie	31 Chicken Tacos or Bean & Cheese Pupusa or Chef Salad Elote Corn – Salsa – Sour Cream Seasoned Jicama - Salad - Carrots Variety of Fresh Fruit Tortilla Chips		

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